

# 2018 MIDSTATE SESSIONS

March 9, 2018  
Southern Illinois University - Edwardsville  
Vadalabene Center

## **US Games – OPEN (Online Physical Education Network)**

Andy Pickett – US Games

OPEN is a backward designed curriculum that is built using SHAPE America's National Standards and grade-level outcomes. Sessions will demonstrate activities from the free flexible curriculum with downloadable lessons and curriculum tools in easy-to-edit formats.

3 sessions:   Elementary  
                  Secondary  
                  Fitness K-12

## **Teaching In-School Bowling Fundamentals**

Bob Daman – Illinois State Bowling Proprietors Association

This presentation covers fun ways to teach the fundamentals of bowling using a student directed approach for a variety of grade levels. The presentation will include how to incorporate fitness and fun games into class activities and skill specific warm-up routines. Also included are classroom activities and STEM problems. Information will be provided on how to get free loaner equipment and on a grant program that gives winners \$2,200 in bowling equipment. Each participant will receive a free DVD and a free three ring binder that contains the curriculum.

## **Advocating for Quality, Daily Physical Education Using a Hyperdoc**

Deb Vogel – IAHPERD Advocacy Committee

The interactive session (bring a laptop or tablet) will have participants learn how to use a hyperdoc to advocate for quality, daily PE. This is an advocacy tool for teachers, colleagues, administration, BOE, students, and community members

## **Social Media as a Source of Professional Development**

Mark Foellmer – IAHPERD President-Elect and IAHPERD /Midwest District Middle School Teacher of the Year

Social media can be used as a tool for you to take charge of your own professional development. From Twitter chats to webinars we will show you the many opportunities to share and gain ideas from social media that you can use in you classroom. Smart phones and other devices are welcome so we can get you started now!

## **United State Tennis Association – Net Generation**

Kim Wheeler – IAHPERD Executive Director and USTA Schools Organizer

The Net Generation program curricula and lesson plans were co-created by the USTA and SHAPE America using National Standards and grade level outcomes. The free lesson manuals help teachers introduce tennis in PE classes and after school programs